



Tips for post COVID Travelers.

Thinking about your everyday life, since the COVID-19 / corona virus pandemic, have you made any changes to your general lifestyle?

Most health advice can be boiled down to simple behaviors, like eating a balanced diet, exercising and getting good sleep.

During a pandemic like COVID-19, these actions are especially crucial for maintaining you physical and mental well-being. But social distancing complicates things. How are you supposed to eat right when you're living on non-perishables? How can you work out when you're cooped up at home? How can you sleep when you're anxious about, well, everything?

This expert-backed guide is a good place to start. Here's how to stay healthy (and calm) while social distancing during the COVID-19 outbreak.

- ❖ Nutrition
- ❖ Fitness
- ❖ Stress and Sleep
- ❖ Cleaning
- ❖ Health care

But how can we achieve this? I know you have so many questions in mind regarding Coronavirus and safe travel... when will the travel ban be lifted? when will it be safe to travel

again? when will it be safe to fly again? will it be safe to travel this summer? when will international travel resume? when can we travel overseas again?
So, let's go right to the heart of the matter and try to solve them!

Is it safe to travel? Should I travel right now?

Well, if you are wondering if you should travel right now, the answer is clear: NO! Experts advised that everyone should be cautious about nonessential travel right now, and that's especially the case for those who may be at higher risk of serious complications related to Coronavirus.

Will it be safe to travel this summer? Should I cancel or postpone my Summer Holiday due to Coronavirus?

With spring here and summer fast approaching, many families, groups of friends and solo traveler are wondering just how long coronavirus will remain with us. Will it be safe to travel this summer? Our holiday period is almost there and you might be getting worried about your spring or summer vacation after Coronavirus is over and when will it be safe to travel again.

The situation won't go back to "normal" until July or August in many countries. So if you had a trip planned for July – August , Coronavirus travel bans and restrictions will probably affect your plans. It could be a good idea to postpone your travel if you want to be safe and make sure we will be able to travel again.

Will it be safe to travel this summer? If you are worried about your summer vacation after Coronavirus is over, we really hope you don't have to cancel it, especially if it is domestic travel

- ❖ The Covid-19 pandemic has brought travel and tourism to a near-standstill, and no one is sure when it will restart.
- ❖ When travel does begin again, look for it to start with road trips not too far from home, say experts.
- ❖ The new travel normal may mean a shift to vacation rentals over hotels, driving rather than flying, and an increase in the use of travel insurance and personal travel advisors.
- ❖ We asked travel industry experts for their thoughts on what will restore confidence for people to begin traveling once the Covid-19 pandemic finally recedes. In the latest installment of our series "The Next Normal," we look at where and how we'll actually travel once we're willing to hit the road again.

It is expected separation between wealthier countries (e.g. Singapore, Taiwan, South Korea, Australia, Japan) that will re-open with very strict travel restrictions and checks, and densely populated developing countries (e.g. India, Indonesia) where the virus may create a large and lasting health problem. Travel to and from these countries would be highly restricted.

To ensure having a safe trip or vacation, follow Coronavirus updates and travel advice from your local authorities and governments, as well as the guidance from the World Health Organization (WHO).

You can also find here the real-time interactive Coronavirus map created by the Johns Hopkins Institute, which is a good resource to regularly check the COVID-19 expansion status and have a visual image of the worldwide situation.

Are you planning to visit Spain after the Coronavirus outbreak? Then you should bookmark our article with the latest COVID-19 status city to city, monuments closings or possible travel restrictions.

Travel after Coronavirus is over: What will it be like?

What will be travel like after Coronavirus? What are the travelling trends post-Coronavirus? It is still a mystery but we are sure that local travel will recover first.

In the next 12 to 18 months, leisure travel will be mostly domestic or regional. This is the pattern that we are seeing in countries with reduced infection rates such as South Korea. Such domestic travel might be sizable, given that people are looking forward to getting out of their houses.

What will travel look like after Coronavirus is over?

Here's how we think you will travel after Coronavirus ends:

1. **You will probably stay in the country.** International travel will fall out of favor as people stay closer to the safety of home.

2. **You won't travel far from home.** "Staycations" and road trips will be favored over flying or cruising, because of their difficulty in implementing social-distancing measures. So for now, we can't know when will it be safe to fly or cruise again.

3. **You will make it quick.** A softer economy will mean the traditional two-week summer vacation could turn into a long weekend.

Is it safe to travel by plane? When will it be safe to fly again? How will flying be after COVID-19 is over?

When will it be safe to fly again and how will flying be after Coronavirus is over are two main keys to make international travel safe again. Air travel will be massively reduced and only happen between safe corridors. In order to make travel by plane safe, passengers will be required to wear masks and there would be temperature checks before boarding as well. Current estimates are that air travel will be at 10-30% of 2019 capacity in 2020, ramping up to 70% throughout 2021 and only get back to pre-crisis capacity in 2022 (assuming that a vaccine is available then).

Post-Coronavirus Travel Tips: How to travel safely after Coronavirus is over

Post-Coronavirus Travel Tips: Look for deals but focus on value.

Assuming the coronavirus crisis is over, don't hesitate to book if you find a bargain for late spring or summer. But don't focus exclusively on price. Instead, look at the overall value of the deal. Are they throwing in attraction tickets or including meals?

In my opinion, value shouldn't be only focused on the services we get but also on the security feel provided. For example, an added value can be that the country we are travelling to has dealt well with the COVID-19 crisis or has a good public health system.

Post-Coronavirus Travel Tips: choose stable well-known brands

Stay away from too-good-to-be-true offers from unknown operators. Chances are, these are fire sales from desperate companies on the verge of bankruptcy. Focus on well-known brands that are financially stable.

Post-Coronavirus Travel Tips: Get a travel insurance

During the travel ban to high-risk areas, major airlines have been canceling flights and offering free rebooking or refunds. But what if you're concerned about an area that doesn't have a travel ban?

It's important to read all the fine print and understand what trip insurance does and doesn't cover to ensure that you'll receive a reimbursement. Under a standard policy, fear of traveling is never a covered reason to cancel a trip. There is, however, a "cancel for any reason" policy, that allows travelers to cancel their plans for any reason at all.

This type of insurance it's usually 40 percent pricier than standard policies, and it typically must be purchased within three weeks of the first day you begin booking your travel plans. Experts recommend purchasing not only emergency medical coverage but also emergency medical transportation coverage.

In any case, if you can't find a good policy, use a credit card to make your purchase because it can also offer protections from financial insolvency.

Post-Coronavirus Travel Tips: Be ready to make some last-minute changes

This is a fast-changing situation so be ready to rearrange your travel plans according to the last Coronavirus updates. Even if you travel to an area without an outbreak, you should be prepared for the possibility of being quarantined if an outbreak develops in the region where you're traveling.

Post-Coronavirus Travel Tips: If you feel very anxious about traveling after COVID-19, consider staying home.

News about the virus is changing by the day, and everyone has a different tolerance for risk. There are fewer and fewer places now where there aren't reported cases. If you're not going to enjoy your vacation because you're nervous about this, then it's probably not worth you going.

Safe travel after Coronavirus is over – FAQs

Here you go, the most Frequently Asked Questions regarding safe travel and Coronavirus. Leave a comment and let us know if you have other doubts, so that we can help you find an answer and include them here!

How to stay safe when traveling and avoid COVID-19 contagion?

If you are looking for how to travel safely after Coronavirus ends, there are a lot of practical steps you can take. Wear a mask, regularly wash your hands (with soap and water or an alcohol-based hand gel), avoid touching eyes, nose and mouth and keep a social distance of 1 meter minimum. Read the WHO tips on how to stay safe when traveling here.

Will my travel insurance cover cancellations due to Coronavirus related issues?

It all depends on your policy. Check their website or give them a call to find out more.

What if my airline cancels my flight?

As time has gone on since the beginning of the outbreak, airlines have adapted to evolving restrictions and advisories to accommodate customers. If you want to know about specific airline route information, as well as relevant cancellation, rebooking or refund policies, you can find all the latest news and travel updates on their websites or check with the International Air Travel Association.

My flight has been cancelled. How do I get a refund?

Call the airline or online travel agent in the first instance. If you booked with a credit card or have travel insurance, get in touch with the relevant companies as well.

I want to cancel my travel plans. How do I do this and can I get a refund?

First of all, call the airline, hotel or online travel agent you booked with. Not sure which company you used? You'll see their name on your bank or credit card statement as well as the email you received from them to confirm the booking.

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